



# *choo-choo chug-a-lug*

**RAILROAD PARK'S 5K RUN  
10-31-10 (Run in Costume!)**

18th Street and 1st Ave. S.

**2:00 PM CHECK-IN/REGISTRATION 3:00 PM START TIME**

**CHILDREN'S COSTUME FUN RUN TO FOLLOW**



**run.** *(for your life)*

**FIRST 250 RUNNERS GET A FREE SHIRT.**

# ***Railroad Park's Choo-Choo-Chug-a-Lug 5K Sunday, Oct. 31, 2010 – Run in Costume!***

***2pm packet pickup. 3pm start. Children's Costume Fun Run to follow.***

***Register Online Early! [www.raceit.com](http://www.raceit.com).***

- First 250 to register get a free shirt.
- Visit our website at ***www.raceit.com*** for packet pickup information, age group award details, post-race party plans, and all other pertinent things.

## ***REGISTRATION - \$30***

(Make checks payable to: RAILROAD PARK FOUNDATION and return to  
1600 - 1st Ave. South, Birmingham, AL 35233

FIRST NAME \_\_\_\_\_ LAST NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

ZIP CODE \_\_\_\_\_ STATE \_\_\_\_\_ CITY \_\_\_\_\_

SEX: M or F

DATE OF BIRTH \_\_\_\_\_ Age on 10/31/2010 \_\_\_\_\_

T-shirt Size: S M L XL XXL

PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

For the sole consideration of being allowed to participate in the **Choo Choo Chug-A-Lug In Birmingham, Alabama**, the undersigned hereby release the City of Birmingham, its agents, servants and employees as well as Railroad Park Foundation and Run University, its agents, servants and employees from any and all claims, demands, damages, actions, causes of action or suits of any kind or nature whatsoever, and particularly on account of all injuries, known and unknown, both to person and property, which may result or may in the future develop from the **Choo Choo Chug-A-Lug** on or about **Sunday, October 31, 2010** at or near Birmingham, Alabama.

The undersigned hereby declares that the terms of this settlement have been completely read and are fully understood and voluntarily accepted for purpose of making a full and final compromise, adjustment and settlement of any and all claims, disputed or otherwise, on account of the injuries and damages above mentioned, and for the express purpose of precluding forever any further or additional claims arising out of the aforesaid event.

\_\_\_\_\_  
Participant

\_\_\_\_\_  
Guardian

Witness: \_\_\_\_\_ Date: \_\_\_\_\_